



KINGSBRIDGE HEIGHTS COMMUNITY CENTER

ANNUAL REPORT

2021

www.khcc-nyc.org

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OUR STORY

The Kingsbridge Heights Community Center was founded in 1974 by a group of passionate community organizers. The group was led by three neighborhood women: Mary McLoughlin, Patricia Burns, and Janet Athanasidy. Upon hearing in 1972 that the 50th Precinct was moving out of its turn-of-the-century building on Kingsbridge Terrace, the three jumped at the opportunity to realize their vision for a community center.



Today, KHCC offers programs and services for all ages and is an active member of United Neighborhood Houses of New York City and United Neighborhood Centers of America. From the adaptive reuse of our historic building to our responsive programs, the Kingsbridge Heights Community Center represents a crucial piece of the fabric of New York City.

OUR MISSION

KHCC provides resources to empower Bronx residents from cradle to career to advance education and well-being for a vibrant community. We achieve this in an environment that fosters academic milestones, literacy, mental health support, nutrition, technology, and the arts.



LETTER FROM THE CHIEF EXECUTIVE OFFICER

Dear Friends,

KHCC has been an unshakable resource to the Bronx since 1974. During 2021, we struggled most painfully through ongoing impacts of COVID-19, with excessive costs to provide food to a struggling community, and to meet the needs of our neighbors. We have continued to invest in our team, learn from our struggles and build for a brighter future.

In 2021 KHCC faced challenges from increased food and supply costs, increased need for services, and increased need from young people and adults emerging from this global pandemic and mental health crisis.

Bronx youth and families face multiple complex barriers. More than a third, in fact 37% of the borough's nearly 350,000 kids under the age of 18 are impoverished, the highest child poverty rate of all boroughs. In the Bronx, 33% of residents are foreign born and 29% have limited English proficiency. COVID-19 impacts have increased barriers: Parents of infants worried about bringing their young ones into classrooms and pre-K youngsters failed to meet mid-year academic and development goals due to frequent quarantine. Too many of our high school students across the Bronx felt so sad almost every day that they stopped normal activities, including coming to programs, and expressed suicidal thoughts with lost hope for the future. KHCC's Changing Futures, long-term therapeutic services for children and adults impacted by trauma with a focus on survivors of child sexual abuse and domestic violence, sadly had their longest ever waitlist for clients.

As always, when we meet hardship, KHCC rolls up its sleeves and gets to work:

- Early childhood teams created a game plan to get young children back on track. They advocated for vaccines and gave COVID-19 tests at the door for young ones to play safely. They accelerated investment in teachers and classrooms, building in more peer-led leadership to improve daily classroom engagement. Improved Data collection and communication were required to help identify where more support was needed. Teams also received ongoing coaching and support outside of the classrooms. Young ones regained lost ground.
- KHCC Youth invested in operational stipends and academic scholarships for youth. We rewarded youth for their hard work to push themselves forward. We invested in college trips and tours to help spark student's interest in their next step. We reopened the in-person gym with ball games for carefree nights.
- Our Adult Programs got creative. Two pilot programs were launched. The Entrepreneurial Workforce Development Program improved the financial security of undocumented immigrant women by providing them training, individualized coaching, and cash to open their own businesses. We followed up with participants at four, six, and twelve months after the program. In our recent survey of participants from the first two cycles, we found 70% of women who set a revenue goal had achieved or exceeded that goal. A second initiative, Green Jobs, trained parents for food safety certification as well as in plant cultivation and composting to be eligible for new jobs and growing industries.
- KHCC's Changing Futures began experimenting with two new approaches. Animal Assisted Therapy (AAT) and Horticultural Therapy (HT). AAT uses a service animal in treatment as a non-threatening, non-judgmental "listener," and is particularly effective with those having difficulty accessing their emotions or expressing themselves in therapy. HT uses plants to provide a calming, restorative space that promotes the reduction of anxiety and depression. Connection to the nature is a central component of all KHCC programs; we maintain an expansive community garden and green space where program participants grow their own vegetables, learn, connect, and relax.

2021 also taught us that recovering from crises requires creativity, resourcefulness, teamwork and heart. Thank you for investing in KHCC to help us be a nimble, responsive resource to the Bronx and our youth and families!

Margaret Della

OUR SERVICE AREAS

KHCC's goal is to support families from cradle to career, birth to senior age. We provide services through these divisions of our programming:

EARLY CHILDHOOD SERVICES

We give quality early education to children from birth to 5 years old and help caregivers to become skilled, effective and nurturing teachers.



YOUTH SERVICES

We create a safe, welcoming environment during afterschool hours where young people can socialize, learn, and build character.

ADULT & FAMILY SERVICES

We provide a range of services and supports to adults and families that help break generational cycles of abuse, neglect, family violence, and poverty.



KHCCONNECT

KHCCConnect is an agency-wide case management system. It ensures our families are connected to the services they need to create physically, emotionally, and financially healthy family units, including Parenting Journey and connections to job opportunities.

EARLY CHILDHOOD SERVICES

Our early childhood programs provide children, birth-5, with nurturing, educational environments where they can learn, grow, and thrive.

PROGRAMS

- Pregnancy Group
- Baby School
- Early Head Start
- Family Child Care
- Early Head Start Home Visiting
- Family Child Care Network
- Early Learn NY classrooms
- Headstart

2021 DEPARTMENT HIGHLIGHTS

- Serving 500 families, KHCC provided daily child care through Center-based classrooms and individual care providers while the COVID 19 pandemic continued requiring new levels of resilience, perseverance, and engagement with families.
- Our Dual Language Initiative fosters bilingualism in the classrooms, biliteracy, enhanced awareness of linguistic and cultural diversity, and high levels of academic achievement through instruction in two languages.
- KHCC launched workforce pilots for parents: early childhood classroom, food handlers certificate (required for restaurant positions), and entrepreneurship trainings.
- Through internal partnerships, KHCC hosted Domestic Violence Awareness Workshops for parents introduced a complex and silent topic to the Bronx community, inclusive for English and Spanish-speaking communities. We also hosted workshops on financial literacy, food benefit enrollment, and many others.



EARLY CHILDHOOD SERVICES



YOUTH DEPARTMENT

Our programs include after school and summer day camp for elementary and middle school; College Directions is focused on both high school and post-secondary educational success; and a Respite program for young people, up to age 25, with special needs.

PROGRAMS

- After School Program at P.S. 207
- Bronx Theatre After School Program
- College Directions
- ELLIS High School Partnership
- SONYC Center-Based Tween Program
- SONYC Middle School Program at International School of Liberal Arts (ISLA)
- Special Needs Program
- Summer Day Camp
- Teen Program

2021 DEPARTMENT HIGHLIGHTS

- Reopened all services back in-person, with some hybrid options. Staff supported students who were depressed as they tried to get acclimated to the world again.
- Several youths were helped to get access to technology through free and low-cost Wi-Fi providers, the DOE tech helpline, or KHCC gently used devices.
- KHCC secured a competitive contract, MTAC, that allowed us to expand our College access work into local high schools.
- Respite staff learned how to maneuver through challenging behaviors of youth with special needs coming out of the pandemic. Staff came together in sharing insights and opinions on how to enhance participants' quality of life.
- Teen and Tween Youth Programs suffered vacant staffing lines, but pivoted and invested in strong new coordinators and interns.
- Successful career events and college visits increased students' discovery of post-high school options.

YOUTH DEPARTMENT



ADULT AND FAMILY SERVICES

Programs in this division include Changing Futures, an intervention for survivors of child sexual abuse and their non-offending family members; Parenting Journey designed to help struggling parents learn self-care and build healthy family units; ESOL classes; and adult, family, and senior recreation.

PROGRAMS

- English to Speakers of Other Languages (ESOL)
- Parenting Journey
- Changing Futures (CFP)
- Horticultural Therapy
- Garden and Nutrition Education
- Food Pantry

2021 DEPARTMENT HIGHLIGHTS



ADULT AND FAMILY SERVICES

- As a result of Changing Futures, 64% of parents agree or strongly agree that their work-life has improved; 84% agree that they are better able to advocate with systems such as legal, child welfare, healthcare, education; 52% of children agree that their school life has improved. 90% agree/strongly agree that they are better at taking care of themselves than when they started with CFP.
- Expanded 'Enough is Enough' college campus services by working with student survivors for ongoing one-on-one counseling.
- Created a 'Parenting Journey' class with KHCC alumni, who were then kids and now need guidance as parents
- Doc Wayne partnership created opportunities to incorporate physical exercise with KHCC mental health services
- Provided workforce training through partnering with NYC Business Solutions Bronx Center
- Provided vaccine education and outreach to the Bronx communities through a partnership with BronxWorks



KHCCONNECT

Four years ago, our agency launched KHCCConnect, a case management program to better assist families visiting KHCC for services. In 2021, the team at KHCCConnect led our emergency response throughout a global pandemic.

SERVICES

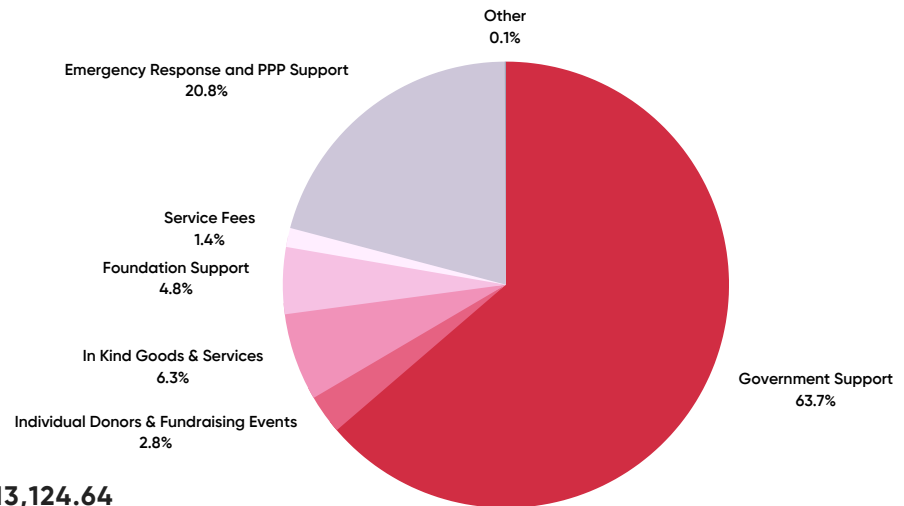
- Emergency Gift Cards
- Bill Relief
- Case Management
- Housing Connect
- Financial Literacy Workshops
- Civic Education/ Voting

2021 DEPARTMENT HIGHLIGHTS

- Bill Relief: Several rounds of support for 75 families with up to \$500 payments to cover phone and electric bills (193 families to date)
- Emergency gift cards: Provided ongoing support to high need families struggling with basic needs like toiletries, diapers, wipes, cleaning supplies through 199 Emergency Gift Cards of up to \$100
- Programs were better able to connect families with concrete resources, i.e. food, gift cards, bill relief, SNAP, etc. by creating a direct liaison with KHCCConnect leading to a new model of case management, efficiency and impact.
- Successful pilot of Entrepreneurial Workforce Development Program, operating two cohorts and graduating 19 participants!
- Awarded highly competitive Robin Hood grant to support more high-touch support of Early Childhood parents
- Successfully collaborated with the Helen Keller Foundation, bringing eye exams and free glasses to our community members, and with the NY Blood Center saving 78 lives!
- Helped the community learn about NYC Ranked Choice Voting through workshops.

FISCAL REVIEW

The following is an overview of KHCC's income and expenses for the fiscal year ended June 30, 2021:



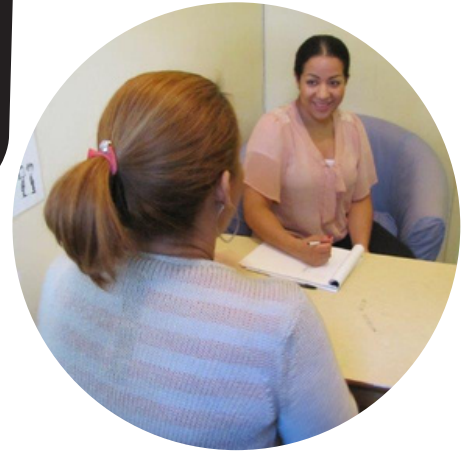
REVENUE: \$12,213,124.64

SERVICES	EXPENSE
EARLY CHILDHOOD SERVICES <i>Early Headstart, Family Childcare Network, Early Learn NY</i>	\$6,315,035.00
YOUTH & FAMILY SERVICES <i>AfterSchool, Middle School, Teens, College Directions, Adult/ESOL, Respite, Changing Futures, KHCCconnect</i>	\$3,561,382.00
GENERAL OPERATING	\$1,401,822.00
FUNDRAISING	\$307,995.00
NET ASSETS	\$187,740.00
TOTAL	\$11,773,974.00

PLEASE VIEW OUR [2020 990 FORM](#) FOR MORE INFORMATION

"Thank you for always
being our guardian angel
and looking out for us".

-KHCCConnect Participant



"What's beautiful about KHCC is it gives
you the opportunity to experience and
hear what will help you get to where you
need to go!"

-Darryl "DMC" McDaniels

*"Khcc
the place
to be!"*

"This program at KHCC is the reason
I can call myself an entrepreneur
today. They inspired me to keep
believing in myself and growing my
business so I could build a future for
my daughter."

- Workforce Development Program
Participant



BOARD MEMBERS

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PARTNERS & SPONSORS

- Bon Secours Health System, Inc.
- Marion E. Kenworthy-Sarah H. Swift Foundation
- Horace Mann School
- ConEdison
- S&P Global Foundation
- The Levitt Foundation
- Goldman-Sonnenfeldt Foundation
- The Pinkerton Foundation
- Riverdale country School
- City Parks Foundation
- TD Charitable Foundation
- St. Joan of Arc Parish
- Yankee Stadium Community Benefits Fund
- Grant Foundation, William T.
- Bigwood Foundation
- Bloomberg LP
- Mutual Housing Association, Inc.
- Cleveland H. Dodge Foundation
- Stop & Shop
- Barclays
- Anderson Rodgers Foundation
- Robert W. Baird & Co. Incorporated
- No Kid Hungry & Share Our Strength
- Hyde And Watson Foundation
- Riverdale Senior Services
- George Link Jr. Foundation, Inc
- Maier Markey & Justic LLP
- The TJX Foundation, Inc.
- Tech F.I.N
- Santander Bank
- Edward & Ellen Roche Relief Foundation
- Ayco Charitable Foundation
- Popular Foundation
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- United Jewish Foundation
- Hagedorn Fund
- Louis and Anne Abrons Foundation
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- Morgan Stanley
- Paycom Payroll, LLC-Operating
- J.E & Z.B Butler Foundation
- Ridgewood Savings Bank
- The ABNY Foundation
- The Gillen Brewer School
- Riverdale Presbyterian Church
- The Charles Hayden Foundation
- Safe Horizon
- Robin Hood Foundation
- Hunton Andrews Kurth
- Cathay Bank Foundation
- Bronx Overall Economic Development Corporation
- Freedom Mortgage Corporation
- Construction Corp., Lettire
- Urban Builders Collaborative, LLC
- Cleaning Systems Company
- Bronx Council On The Arts
- The Moore Charitable Foundation
- Stavros S. Niarchos Foundation
- Van Ameringen Foundation
- O'Neill Foundation
- Beacon Baptist Church
- New York Community Trust
- Children's Aid Society
- Fund for Public Health in New York, Inc.
- Apple Bank For Savings
- United Neighborhood Houses
- KPMG U.S. Foundation, Inc.
- Kleinfeld Bridal
- Tishman Speyer
- Scholastic
- Inner View Inc.

